**Highlighted Stations = Heard in NZ**

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|  | **Freq Station** | **Location** | **Country** |
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|  | **87.5 Tonga Daily News** | **Nuku'alofa** | **Tonga** |
|  | 87.9 89.5 FM | Neiafu, Vava'u | Tonga |
|  | **88.0 NC 1ere** | **Bouliupari/Kaaka-Gomen/Mt Dore** | **New Caledonia** |
|  | 88.0 A3NTT R Niuatoputapu88.0 88 FM Boom Boom Radio88.0 88 FM Bom Boom Radio 88.1 FM8888.1 Showers of Blessings FM88.1 KGIF**88.2 BBC**88.5 Talofa FM | VaipoaAitutakiRarotonga/AitutakiNuku’alofa ApiaTafuna**Suva/Nadi**Apia | TongaCook IslandsCook IslandsTongaSamoaAmerican Samoa**Fiji**Samoa |
|  | **88.5 NC 1ere** | **Kouaoua/Mare** | **New Caledonia** |
|  | 88.6 R Sunshine88.6 R Wave of Vava'u | AlofiNeiafu, Vava'u | Niue Tonga |
|  | **88.6 R Nuku'alofa** | **Nuku'alofa** | **Tonga** |
|  | 88.9 Red FM88.9 KKBT | KingstonPago Pago | Norfolk IsAmerican Samoa |
|  | **89.0 NC 1ere****89.0 Fem'TALK 89 FM** | **multiple****Suva/Labasa** | **New Caledonia****Fiji** |
|  | 89.0 Letio Faka-Kalistiane 89FM89.0 R Cook Is89.0 Wallis et Futuna 1ere | Neiafu, Vava'uMitiaro/PukapukaSigave, Futuna | TongaCook IslandsWallis & Futuna |
|  | **89.1 Tonga R, Magic 89.1** | **Nuku'alofa** | **Tonga** |
|  | 89.1 Mai FMN89.3 Pig FM | ApiaNeiafu, Vava'u | Samoa Tonga |
|  | **89.4 R Pasifik****89.5 R Tonga Vake-Tali Folau** | **Univ of S Pacific, Suva****Nuku'alofa** | **Fiji****Tonga** |
|  | 89.5 Magik FM | Apia | Samoa |
|  | **89.5 NC 1ere** | **Ile-des-Pins** | **New Caledonia** |
|  | 89.7 KMOA | Nu'uuli | American Samoa |
|  | **89.8 WHBN Harvest R****89.9 R Norfolk** | **Suva****Kingston** | **Fiji****Norfolk Is** |
|  | 89.9 R Cook Is AM89.9 Showers of Blessings FM | Rarotonga Apia | Cook IslandsSamoa |
|  | **90.0 NC 1ere** | **multiple** | **New Caledonia** |
|  | 90.0 Vava'u Kool FM | Neiafu, Vava'u | Tonga |
|  | **90.0 Kool FM** | **Nuku'alofa** | **Tonga** |
|  | 90.0 Laef 90FM90.0 Wallis et Futuna 1ere90.3 Life FM | Port VilaSigave, Futuna Rarotonga | VanuatuWallis & FutunaCook Islands |
|  | **90.5 NC 1ere** | **Lifou/Poya** | **New Caledonia** |
|  | 90.5 Aiga Fesilafa'i90.5 KPPO90.6 R Cook Is90.9 EFKS FM | ApiaMapusagaMangaia/Rakahanga/Palmerston Apia | SamoaAmerican SamoaCook IslandsSamoa |
|  | **91.0 NC 1ere** | **multiple** | **New Caledonia** |

 91.0 Wallis et Futuna 1ere Ala, Futuna Wallis & Futuna

 91.3 KIOE Utulei American Samoa

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| **91.5 NC 1ere****91.5 R FM 91.5** | **Lifou ?** | **New Caledonia Tonga** |
| 91.5 Talofa FM91.8 France Inter91.8 Ararua FM | Sava'iSuvaAitutaki | SamoaFijiCook Islands |
| **91.9 2ABC-FM National** | **Kingston** | **Norfolk Is** |
| 91.9 Matariki FM92.0 France Inter | RarotongaBouliupari/Mt Dore | Cook Islands New Caledonia |
| **92.0 Viti FM****92.1 China R Int****92.1 KSBS FM****92.2 Viti FM** | **multiple Nuku'alofa Pago Pago multiple** | **Fiji****Tonga****American Samoa****Fiji** |
| 92.2 R Cook Is**92.5 France Inter**92.6 Viti FM | Atiu/Penhryn **?**Rakiraki | Cook Islands**New Caledonia**Fiji |
| **92.8 R Fiji 1****93.0 R Fiji 1****93.0 France Inter** | **multiple multiple****Ponerihouen/Noumea** | **Fiji****Fiji****New Caledonia** |
| 93.0 R Australia | Rarotonga | Cook Islands |
| **93.1 Letio Faka-Kalistiane 93FM Nuku'alofa** | **Tonga** |
| 93.1 KKHJ-FM93.2 R Fiji 193.4 R Fiji 1 | Pago PagoTavuaRakiraki | American SamoaFijiFiji |
| **93.5 NRJ** | **Noumea** | **New Caledonia** |
| 93.6 Mix 94FM93.7 Samoa FM93.7 KKBT | SigatokaApiaPavaiai | FijiSamoaAmerican Samoa |
| **93.8 Mix 94FM** | **multiple** | **Fiji** |
| 93.8 R Cook Is93.9 2ABC-FM Classic94.0 France Inter94.2 Mix 94FM94.5 KKAS | Mauke/NassauKingstonKone/NoumeaBa/Tavua/RakirakiTafuna | Cook IslandsNorfolk IsNew CaledoniaFijiAmerican Samoa |
| **94.6 R Naya Jiwan** | **Suva** | **Fiji** |
| 94.7 R Djiido | Noumea | New Caledonia |
| **95.0 R Oceane** | **Dumbea (Noumea)** | **New Caledonia** |
| 95.1 Laufou o le Talaleilei95.1 KULA | ApiaIli'Ili | SamoaAmerican Samoa |
| **95.2 2day FM****95.2 R Djiido****95.4 2day FM** | **multiple ?****multiple** | **Fiji****New Caledonia****Fiji** |
| 95.4 R Cook Is95.6 2day FM95.8 2day FM | Aitutaki/ManihikiTavuaRakiraki | Cook IslandsFijiFiji |
| **95.9 2ABC-FM Local** | **Kingston** | **Norfolk Is** |
| **96.0 R Djiido****96.0 FM96** | **Mont Dore multiple** | **New Caledonia****Fiji** |
| 96.0 Buzz FM96.1 Star FM | Port VilaApia | VanuatuSamoa |
| **96.2 FM96 96.5 R Djiido** | **multiple ?** | **Fiji****New Caledonia** |
| 96.6 FM9696.7 Matariki FM96.9 Power FM97.1 Showers of Blessings FM97.1 KULA97.2 A3Z R One | RakirakiRarotongaApiaApiaW DistrictNeiafu, Vava'u | FijiCook IslandsSamoaSamoaAmerican SamoaTonga |
| **97.5 R Djiido****97.6 R Mirchi****97.8 R Mirchi** | **?****multiple multiple** | **New Caledonia****Fiji****Fiji** |
| 97.9 Maranatha FM98.0 R Rythme Bleu98.0 R Mirchi98.0 Le'o 'o e Kakai | RarotongaDumbea/KoneTavuaNuku'alofa | Cook IslandsNew CaledoniaFijiTonga |
| **98.0 Paradise FM** | **Tanna/Port Vila** | **Vanuatu** |
| 98.1 Halo FM98.1 Magik FM98.2 R Mirchi98.2 2JJJ98.4 Legend FM | LuganvilleApiaRakiraki Kingston multiple | VanuatuSamoaFijiNew CaledoniaFiji |
| **98.5 R Djiido 98.6 Legend FM** | **Lifou multiple** | **New Caledonia****Fiji** |
| 98.7 Adventist R98.8 EFKS FM | Rarotonga Apia | Cook IslandsSamoa |
| **99.0 R Rythme Bleu** | **Koumac** | **New Caledonia** |
| 99.0 Legend FM99.0 BBC99.1 KULA99.9 Pines FM99.9 Matariki FM99.9 Talofa FM | RakirakiLuganville/Port VilaC DistrictKingstonRarotongaApia | FijiVanuatuAmerican SamoaNorfolk IsCook IslandsSamoa |
| **100.0 R Rythme Bleu****100.0 R Fiji Gold** | **Mont Dore multiple** | **New Caledonia****Fiji** |
| 100.0 R Cook Is100.0 R France Inter100.0 R Vanuatu100.0 R O100.1 Lord Howe Is R100.1 R Tuvalu | AitutakiPort VilaLuganville/Port VilaMua/Haheke/UveaFunafuti | Cook IslandsVanuatuVanuatuWallis & FutunaLord Howe IsTuvalu |
| **100.2 R Fiji Gold****100.4 R Rythme Bleu****100.4 R Fiji Gold** | **multiple****Noumea****Tavua** | **Fiji****New Caledonia****Fiji** |

 100.4 China R Int Apia Samoa

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| 100.6 R Fiji Gold | Rakiraki | Fiji |
| **100.8 Navtarang****101.0 Navtarang****101.0 R Rythme Bleu** | **multiple multiple****Poya, Ile des Pins** | **Fiji****Fiji****New Caledonia** |
| 101.0 Wallis et Futuna 1ere101.1 Ocean & Earth HITZ FM101.1 K-Lite FM101.4 Navtarang101.7 A3Z R One | Hihifo, UveaRarotongaApiaRakirakiNuku'alofa | Wallis & FutunaCook IslandsSamoaFijiTonga |
| **101.9 R Australia****102.0 R Djiido****102.0 China R Int** | **Dumbea (Noumea)****Luganville/Port Vila** | **New Caledonia Vanuatu** |
| 102.0 R Australia | Apia | Samoa |
| **102.4 Bula FM****102.5 R Rythme Bleu** | **multiple Lifou** | **Fiji****New Caledonia** |

 102.5 KULA E District American Samoa

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| --- | --- | --- |
| **102.6 Bula FM****102.8 Bula FM****103.0 R Djiido****103.0 Bula FM****103.0 R Australia****103.0 R Australia** | **multiple****Tavua****Koumac****Rakiraki****Nuku'alofa****Luganville/Port Vila** | **Fiji****Fiji****New Caledonia****Fiji****Tonga****Vanuatu** |
| 103.0 Wallis et Futuna 1ere103.1 Laufou o le Talaleilei103.1 WVUV | Mua/Haheke/UveaApiaFagaitua | Wallis & FutunaSamoaAmerican Samoa |
| **103.2 R Sargam** | **multiple** | **Fiji** |
| 103.3 R Ikurangi KCFM | Rarotonga | Cook Islands |
| **103.4 R Sargam** | **multiple** | **Fiji** |
| 103.4 Nai Talai FM**103.5 R Rhythme Bleu**103.8 R Sargam | Suva**Ouvea**Rakiraki | Fiji**New Caledonia**Fiji |
| **104.0 R Light** | **unknown** | **Fiji** |
| 104.1 2ABC-FM Classic104.1 Samoa FM104.1 KNWJ104.2 R Light104.7 KNWJ104.8 R Fiji 2 | Sava'iPago PagoSuva Leonemultiple | Lord Howe IsSamoaAmerican SamoaFijiAmerican SamoaFiji |
| **105.0 R Fiji 2** | **multiple** | **Fiji** |
| 105.0 R France Inter105.0 NUS Campus R105.3 2JJJ105.4 R Fiji 2106.0 China R Int106.1 2ABC-FM Classic106.5 Flow FM106.6 R Australia106.7 Power FM106.9 EFKS FM | Luganville ApiaTavua/Rakiraki LakatoroSuva/NadiApiaApia | VanuatuSamoaLord Howe IsFijiVanuatuLord Howe IsLord Howe IsFijiSamoaSamoa |

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| 107.0 Hope FM | Suva | Fiji |
| 107.0 Capital FM | Port Vila | Vanuatu |
| 107.4 Hope FM107.5 R Atafu FM107.5 R Fakaofo FM107.5 R Nukunonu FM107.9 Oka Rock FM | Ba/Tavua/VatukaolaAtafuFakaofoNukunonuAlofi | FijiTokelauTokelauTokelauNiue |